

## **CLIMATE**

The climate of Scotland is temperate, and tends to be changeable. Winters are usually cold, but don't begin until the end of October. Summers are warm and begin in the end/mid of June. September is usually mild with an average temperature of 13°C . Be prepared in case of rain.

## **CREDIT CARDS**

Major credit cards are widely accepted in hotels, stores, cafés and restaurants.

## **ATM/CASH MACHINES**

ATM's offer a convenient way of withdrawing Pounds (£) on a credit or debit card. Most banks have these machines, and all major cards are accepted (be sure to have your PIN code). There is a cash machine inside the Scottish Event Campus.

## **BANKS & FOREIGN EXCHANGE OFFICES**

Banks typically open 9:30 to 16:00 or 17:00 from Monday to Friday, although some open slightly later on Thursday evenings and a few branches may open on Saturday morning until 12:30. Outside banking hours you'll have to use a foreign exchange office, which can be found in the city centre and also at the airport and railway stations.

## **CURRENCY**

The local currency is the Pound Sterling and the sign for the Pound is £ (GBP). Please note that the three main Scottish banks (Bank of Scotland, Royal Bank of Scotland and Clydesdale) each issue their own sterling notes which will look slightly different but are universally accepted in the UK.

## **ELECTRICITY**

The UK, Scotland and Republic of Ireland use a 13 amp plug with 3 rectangular pins which is different to the rest of Europe. As such, an adaptor may be needed depending on the country you are coming from.

## **EMERGENCY PHONE NUMBERS**

999 for fire, police, ambulance or coastguard services.

Emergency calls are free from pay phones - you will be asked which service you require by the operator.

## **LANGUAGE**

English is the national language.

## **TIME**

UK Time is in the Western European Time Zone which is the same time as Greenwich Mean Time.

## **INSURANCE AND LIABILITY**

Delegates are advised to arrange health and accident insurance prior to travelling to the Congress. ESPN is not responsible for any personal injury, loss, damage, accident to private property or additional expense incurred as a result of delays or changes in air, rail, sea, road or other services, strikes, sickness, weather or any other cause.

## **BIKE HIRE**

Glasgow is a great cycling city. The city has a popular bike hire scheme similar to London. [Nextbike Glasgow](#) has 170 bikes for hire in 31 locations, available 24/7. You can rent a bike via nextbike's [Android](#) / [iPhone](#) App by the on-bike computer, or by phoning +44 (0) 20 816 69851. Rental starts at £1 for the first 30 minutes.

Visit [Cycling Scotland](#) for more information about cycling in Scotland.